



MINIMALLY INVASIVE INSTITUTE OF SURGERY

Kevin L. Huguet, MD
General Surgery
Laparoscopic Surgery

Jamii B. St. Julien, MD
General Surgery
Advanced GI Minimally Invasive Surgery

Jinny L. Gunn, MD
General Surgery
Breast Surgery

Pain Control & Constipation Post Surgery

Help with Pain after Surgery:

- Acetaminophen (name brand Tylenol Extra Strength): Two 500 mg tablets
- Ibuprofen (name brand Advil): Three 200mg tablets (Patients with kidney problems should avoid this medication)

Please take 1000 mg of Acetaminophen every eight hours and 600mg of Ibuprofen every eight hours after surgery for three days. You may take them together or alternate.

These may be purchased over the counter. A store brand equivalent is fine.

If Ibuprofen is not tolerated, solely take the acetaminophen.

A minimal amount of narcotic pain medication may be prescribed after your surgery.

A prescription will be provided at the time of discharge from the surgical department. You will be given instruction to only take this medication as needed.

Help with Constipation:

- Senokot S: Take 2 tablets twice a day
- Miralax 17g: 1 once a day

Take these while taking narcotics or until your bowel movements occur regularly. You may **STOP** them if you're experiencing diarrhea. Furthermore, take as needed.

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