

Pain Control and Constipation after Surgery

To Help with Pain after Surgery

- Acetaminophen (name brand Tylenol Extra Strength): Two 500 mg tablets
- Ibuprofen (name brand Advil): Three 200mg tablets (Patients with kidney problems should avoid this medication)
- Please take 1000 mg of Acetaminophen every eight hours and 600mg of Ibuprofen every eight hours after surgery for three days. You may take them together or alternate.
- These may be purchased over the counter. A store brand equivalent is fine.
- If Ibuprofen is not tolerated, solely take the acetaminophen.
- A minimal amount of narcotic pain medication may be prescribed after your surgery.
- A prescription will be provided at the time of discharge from the surgical department. You will be given instruction to only take this medication as needed.

To Help with Constipation:

- Senokot S: Take 2 tablets twice a day
- Miralax 17g: 1 once a day
- Take these while taking narcotics or until your bowel movements occur regularly. You may STOP them if you're experiencing diarrhea. Furthermore, take as needed.

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